

APRIL 2018

PROVISO EAST – PROVISSO WEST –
P.M.S.A.
STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
02 SPRING BREAK NO SCHOOL	03 SPRING BREAK NO SCHOOL	04 SPRING BREAK NO SCHOOL	05 SPRING BREAK NO SCHOOL	06 SPRING BREAK NO SCHOOL	ENTRÉE COST 1 ST - No Cost 2 ND Lunch - \$2.41 DAILY MEAL INCLUDES VEGETABLE- FRUIT -WHOLE WHEAT BREAD- PROTEIN- CHOICE OF MILK STATIONS GREEN STREET DELI MTO=Made to order Sandwich (EAST & PMSA) Fresh ready-made Sandwich (WEST) GRAB & GO SALADS (EAST-WEST-PMSA) RESTAURANT ROTATION Entrée Pasta & Hot Sandwiches CORNER CRUST 2-3 Kinds of Pizza & Hot Sandwiches TORTILLA Tacos & Nachos REFRIED-BLACK BEANS CILANTRO RICE SPANISH RICE BEVERAGE CHOICES 1% Milk, Skim White & Fat Free Chocolate Which is Hormone Free And 100% Fruit Juice A LA CARTE Baked Fries \$1.25 Ice Cream (varies) Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.25 Izzy Drinks \$1.50 Naked Juice \$2.25 Snapple \$1.25 FRESH BAKED COOKIES DAILY
09 MEATLOAF W/ ROSEMARY GRAVY MASHED POTATOES BROCCOLI DINNER ROLL APPLESAUCE *SPICY CHICKEN* SANDWICH	10 PENNE ROSA PASTA W/ CHICKEN GREEN BEANS SIDE SALAD GARLIC BREAD STICK FRESH BANANA *SPICY CHICKEN* SANDWICH	11 ROASTED TURKEY W/ GRAVY SMOTHERED POTATOES SIDE SALAD DINNER ROLL FRESH ORANGE *SPICY CHICKEN* SANDWICH	12 CHICKEN POP BOWL PEAS & CARROTS SIDE SALAD DINNER ROLL FRESH APPLE *SPICY CHICKEN* SANDWICH	13 MAX CHEESE STICKS W/ MARINARA SAUCE FRENCH FRIES BABY CARROTS BREAD STICK APPLESAUCE *SPICY CHICKEN* SANDWICH	
16 CHICKEN STRIP FAJITA GREEN PEPPERS & ONIONS CILANTRO RICE BLACK BEAN APPLESAUCE *PITTSBURGH* CHICKEN SUB	17 CHICKEN FRIED RICE GREEN BEANS SIDE SALAD DINNER ROLL FRESH APPLE *PITTSBURGH* CHICKEN SUB	18 ROASTED TURKEY W/GRAVY MASHED POTATOES GLAZED CARROTS DINNER ROLL DICED PEACHES *PITTSBURGH* CHICKEN SUB	19 MEX. TORTILLA BOWL PEAS & CARROTS CELERY STRICKS BREAD STICK FRESH APPLE *PITTSBURGH* CHICKEN SUB	20 FISH STICKS SIDE SALAD BABY CARROTS BREAD STICK FRESH BANANA *PITTSBURGH* CHICKEN SUB	
23 MEATLOAF W/ ROSEMARY GRAVY MASHED POTATOES GLAZED CARROTS DINNER ROLL FRESH APPLE HAM & CHEESE WRAP	24 SPAGHETTI W/ MEATBALLS SIDE SALAD GARLIC BREAD STICK FRESH BANANA TURKEY & CHEESE WRAP	25 ROASTED TURKEY W/ GRAVY RICE BABY CARROTS DINNER ROLL DICED PEACH SOUTHWEST TURKEY WRAP	26 CHICKEN POP BOWL BROCCOLI CELERY STICKS DINNER ROLL FRESH APPLE TURKEY & CHEESE WRAP	27 MAX CHEESE STICKS W/ MARINARA SAUCE FRENCH FRIES COLE SLAW DINNER ROLL SLICED PEARS TUNA WRAP	
30 DICED CHICKEN FAJITA GREEN PEPPERS & ONIONS SPANISH RICE GREEN BEANS APPLESAUCE HAM & CHEESE WRAP					

APRIL 02 THRU 06, 2018 ---- SPRING BREAK -NO SCHOOL

FUEL



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Joe Brown 708 202-3044 or E-mail him at brown-joseph4@aramark.com.
Or visit us on INSTAGRAM: Aramark_Proviso209
This institution is an equal opportunity provider.

Menus are subject to change without notice.

