

AUGUST 2016

**PROVISO EAST – PROVISO WEST- P.M.S.A
STUDENT**

Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
01		02		03		04		05	<p>MORE INFO...</p> <p>BREAKFAST SERVED DAILY 7:00 AM – 8:00AM</p> <p>BREAKFAST PRICE 1ST – NO COST 2ND - \$1.25</p> <p>BREAKFAST INCLUDES Choice of Fruit + 2 FULL servings of other components. We serve Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French Toast Sticks & Waffles. Dannon Yogurts, Otis Spunkmeyer, Reduced Fat & Whole Grain Muffins. Reduced Sugar Cereals, only Whole Grain & Enriched White Breads. Plus, Yogurt Parfait. Fresh Fruit or Canned Fruit which is packed in Juice or Water with no Sugar added. Prairie Farms Hormone Free We only serve 1% white milk, skim milk or fat free chocolate milk.</p> <p>OR</p> <p>GRAB & GO BREAKFAST & ALA CART ITEMS SOLD AT POST</p>	
08		09		10		11		12		
15	NEW TEACHER INSTITUTE DAY FRESHMAN TRANSITION DAY	16	NEW TEACHER INSTITUTE DAY FRESHMAN TRANSITION DAY	17	DISTRICT INSTITUTE DAY	18	BUILDING INSTITUTE DAY	19 CHICKEN PATTY BISCUIT CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE FRESH APPLE ORANGE JUICE MILK		
22	WAFFLE W/ SYRUP CEREAL CINNAMON RASIN BAGEL YOGURT STRING CHEESE GRAPE JUICE MILK	23	SCRAMBLED EGG & CHEESE W / HASHBROWNS CEREAL TOAST CHEDDAR CHEESE CHUNKS FRUIT JUICE FRESH APPLE MILK	24	SAUSAGE & CHEESE ENGLISH MUFFIN CEREAL FRENCH TOAST STICKS & SYRUP STRING CHEESE YOGURT ORANGE JUICE MILK	25	CHEESY EGG BREAKFAST BURGER CEREAL TOAST COTTAGE CHEESE CHERRY JUICE FRESH BANANA MILK	26		PANCAKES W/ SYRUP CEREAL STRING CHEESE CINNAMON RASIN BAGEL YOGURT HONEYDEW MELON APPLE JUICE MILK
29	CHEESY EGG BISCUIT CEREAL BAGELS CHEDDAR CHEESE CHUNKS YOGURT FRESH ORANGE MILK	30	TURKEY PANCAKE WRAP & SYRUP CEREAL APPLE CHURRO TOAST STRING CHEESE FRESH APPLE MILK	31	CHEESE-CHICKEN-HAM BREAKFAST ROLL CEREAL ENGLISH MUFFIN BOILED EGG FRESH CANTALOUPE ORANGE JUICE MILK					

**** WELCOM BACK TO SCHOOL YEAR 2016-2017 ****



ARAMARK IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact us at 708-202-3043. Or Carter-robert2@aramark.com (Subject Line: Feedback) or check us out at Instagram [Aramark_Proviso209](#)

Robert Carter, Food Service Director

Menus are subject to change without notice.

