

# AUGUST 2016

PROVISO EAST – PROVISO WEST –  
P.M.S.A.

## STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	<b>More Info...</b>  <b>ENTRE COST</b> 1 <sup>ST</sup> - No Cost 2 <sup>nd</sup> - \$2.46  <b>DAILY MEAL INCLUDES</b> VEGETABLE – FRUIT – WHOLE WHEAT BREAD – CHOICE OF MILK  <b>BEVERAGE CHOICES</b> 1% Milk, Skim White Milk and Fat Free Chocolate Prairie Farms Milk is Hormone Free Or 100% Fruit Juice – Fresh Fruit-Canned Fruit  <b>Daily Specials</b> MTO=Made To Order Sandwiches Turkey – Ham – Salami - Tomato – Lettuce – Cheese – Olives - Jalapeno Peppers- Olives  <b>GRAB &amp; GO SALAD</b>  <b>A LA CARTE</b> Baked Fries \$1.25 Ice Cream \$1.00 Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.00 Izzy Drinks \$1.25 Naked Juice \$2.00 Snapple \$1.25  <b>* FUEL *</b>
01	02	03	04	05	
08	09	10	11	12	
15	16	17	18	19	
22	23	24	25	26	
29	30	31			
<b>NEW TEACHER INSTITUTE DAY</b>  <b>FRESHMAN TRANSITION DAY</b>	<b>NEW TEACHER INSTITUTE DAY</b>  <b>FRESHMAN TRANSITION DAY</b>	<b>DISTRICT INSTITUTE DAY</b>	<b>BUILDING INSTITUTE DAY</b>	<b>FISH STICK TACO</b>  SANTE Fe RICE FRESH CARROTS 3 BEAN SALAD APPLE SALAD MILK	
<b>MEATLOAF W/ ROSEMARY GRAVY</b>  FRUIT & CHEESE SALAD FRESH TOMATOES ITALIAN FLAT BREAD FRESH APPLE MILK	<b>CHICKEN POP BOWL</b>  CILANTRO RICE DINNER ROLL MIXED VEGGIES FRESH ORANGE MILK	<b>CHEESY BAKED PENNE</b>  TOMATO & CUCUMBER SALAD ROLL FRESH BANANA MILK	<b>CHICKEN NACHO</b>  SANTE Fe RICE FRESH CARROTS APPLESAUCE MILK	<b>CAJUN CHILI FRIES BOWL</b>  TORTILLA CHIPS BROCCOLI FRESH FRUIT SALAD MILK	
<b>BBQ CHICKEN - BLACK BEAN &amp; JALEPENO ROLLETTO</b>  CORN CHOPPED SIDE SALAD FRESH APPLE MILK	<b>SALISBURY STEAK W/ ROSEMARY GRAVY</b>  EGG NOODLES GREEN BEANS FRESH ORANGE MILK	<b>SWEET &amp; SOUR CHICKEN</b>  CILANTRO RICE 3 BEAN SALAD FRESH BANANA MILK			

\*\* WELCOM BACK TO SCHOOL 2016-2017 \*\*



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please email any feedback to [carter-robert2@aramark.com](mailto:carter-robert2@aramark.com). Follow us on INSTAGRAM: Aramark\_Proviso209 Food Service Direct = Robert Carter 708-202-3043

Menus are subject to change without notice.

