

DECEMBER 2016

PROVISO EAST – PROVISO WEST –
P.M.S.A.

STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			01 CHICKEN DICED ENCHILADA SPICY BLACK BEANS SIDE SALAD BROCCOLI ORANGE JUICE APPLESAUCE BACON CHEESEBURGER	02 CHILI FRIES BOWL RED PEPPER STRIPS GREEN BEANS FRESH BANANA FRUIT JUICE CHICKEN BABOOM	WEEKLY FEATURED ITEMS: *12-05-2016* PIMENTO CHEESE BURGER *12-12-2016 TRIPLE KICKER BURGER ENTRE COST 1 ST - No Cost DAILY MEAL INCLUDES VEGETABLE – FRUIT – WHOLE WHEAT BREAD – CHOICE OF MILK BEVERAGE CHOICES 1% Milk, Skim White Milk and Fat Free Chocolate Prairie Farms Milk is Hormone Free Or 100% Fruit Juice – Fresh Fruit-Canned Fruit Daily Specials MTO=Made To Order Sandwiches Turkey – Ham – Salami - Tomato – Lettuce – Cheese – Olives - Jalapeno Peppers- Olives GRAB & GO SALAD A LA CARTE Baked Fries \$1.25 Ice Cream \$1.00 Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.00 Izzy Drinks \$1.25 Naked Juice \$2.00 Snapple \$1.25
05 PIZZA STICKS W/ MARINARA SAUCE CORN POTATO WEDGES FRESH APPLE FRUIT JUICE *PIMENTO CHEESE BURGER	06 SALISBURY STEAK W/ GRAVY MASHED POTATOES GREEN BEANS DINNER ROLL ORANGE JUICE RED GAPES *PIMENTO CHEESE BURGER	07 BEAN QUESADILLA CAMPFIRE BEANS FRESH BABY CARROTS GRAPE JUICE FRESH BANANA *PIMENTO CHEESE BURGER	08 DICED CHICKEN FIJITAS BROCCOLI SIDE SALAD CELERY STICKS ORANGE JUICE APPLESAUCE *PIMENTO CHEESE BURGER	09 BREADED CATFISH STRIPS TATER TOTS FRESH BABY CARROTS DINNER ROLL FRESH BANANA FRUIT JUICE *PIMENTO CHEESE BURGER	
12 CHEESE QUESADILLA FRENCH FRIES FRESH TOMATOES WEDGES MIX FRUIT JUICE FRESH APPLE *TRIPLE KICKER BURGER	13 TERIYAKI CHICKEN DIPPERS YELLOW RICE SLICED CARROTS DINNER ROLL FRESH ORANGE APPLE JUICE *TRIPLE KICKER BURGER	14 CORN DOG ON STICK CAMPFIRE PINTO BEANS FRSH BABY CARROTS GRAPE JUICE FRESH BANANA *TRIPLE KICKER BURGER	15 ROAST TURKEY & GRAVY BREAD STUFFING MASHED POTATOES 3 BEAN SALAD APPLESAUCE *TRIPLE KICKER BURGER	16 FISH STICKS TACO FRENCH FRIES BROCCOLI FRESH CUCUMBER FRUIT JUICE FRESH APPLE *TRIPLE KICKER BURGER	
19 SPAGHETTI W/ MEATBALLS FRESH BABY CARROTS SIDE SALAD FRUIT JUICE FRESH ORANGE CHICKEN SALAD SANDWICH	20 CHICKEN-BEAN-CHEESE BURRITO CAMPFIRE BEANS SWEET POTATOES APPLE JUICE FRESH BANANA BBQ RIBLET SANDWICH	21 MEATLOAF W/ GRAVY MASHED POTATOES BROCCOLI GRAPE JUICE APPLESAUCE HOT DOG	22 HAPPY HOLIDAY NO SCHOOL	23 HAPPY HOLIDAY NO SCHOOL	
26 HAPPY HOLIDAY NO SCHOOL	27 HAPPY HOLIDAY NO SCHOOL	28 HAPPY HOLIDAY NO SCHOOL	29 HAPPY HOLIDAY NO SCHOOL	30 HAPPY HOLIDAY NO SCHOOL	

HAPPY HOLIDAY BE SAFE AND SEE YOU IN THE NEW YEAR ***FUEL***



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Rhoan Ruddock 708 202-3044 or e-mail him at ruddock-rhoan@aramark.com and follow us on INSTAGRAM: Aramark_Proviso209

Menus are subject to change without notice.

