


DECEMBER 2017

PROVISO EAST - PROVISO WEST- P.M.S.A

STUDENT

Breakfast Menu



| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|---|--|--|---|--|----------|--|---|--|
| | | | | | | | | 01 SAUSAGE BREAKFAST PIZZA | <p>MORE INFO...</p> <p><u>BREAKFAST</u> SERVED DAILY 7:15 AM – 7:50 AM BREAKFAST <u>PRICE</u> 1ST – NO COST 2ND BREAKFAST \$1.55</p> <p><u>BREAKFAST INCLUDES</u> Choice of Fruit + 2 FULL servings of other components. Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French toast Sticks, Waffles, Dannon Yogurts, Otis Spunkmeyer, Reduced Fat & Whole Grain Muffins, Reduced Sugar Cereals, Whole Grain & Enriched White Breads. Plus, Yogurt Parfait. Fresh Fruit or Canned Fruit packed in Juice or Water with no added Sugar. Prairie Farms Hormone Free Milk We only serve 1% white milk, skim milk or fat free chocolate milk.</p> <p>OR</p> <p>GRAB & GO BREAKFAST</p> |
| 04 PANCAKES <u>W/ SYRUP</u> | 05 SCRAMBLED EGG W/ SAUSAGE & <u>CHEESE</u> | 06 Chicken-HAM CHEESE <u>FLATBREAD SDW...</u> | 07 BOSCO APPLE <u>STICKS</u> | 08 PANCAKES <u>W/ SYRUP</u> | | | | CEREAL GRITS STRING CHEESE YOGURT APPLE JUICE STRAWBERRY CUP | |
| CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE STRAWBERRY CUP | CEREAL SUGAR DONUT GRITS STRING CHEESE MIX JUICE FRESH BANANA | CEREAL BLUEBERRY MUFFIN YOGURT STRING CHEESE ORANGE JUICE PEACH CUP | CEREAL BAGEL OATMEAL CHERRY STAR JUICE FRESH ORANGE | CEREAL OATMEAL STRING CHEESE YOGURT ORANGE JUICE STRAWBERRY CUP | | | | | |
| 11 SCRAMBLED EGGS W/ CHEESE & <u>SAUSAGE</u> | 12 WAFFLE <u>W/ SYRUP</u> | 13 EGG-CHEESE- <u>CHEESE SANDWICH</u> | 14 CHICKEN PATTY BISCUIT <u>SANDWICH</u> | 15 PANCAKES <u>W/ SYRUP</u> | | | | CEREAL BLUREBERRY MUFFIN HOT GRITS YOGURT STRING CHEESE FRESH BANANA STRAWBERRY CUP | |
| CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE STRAWBERRY CUP | CEREAL CHOCOLATE MUFFIN GRITS STRING CHEESE FRUIT JUICE FRESH ORANGE | CEREAL BAGEL STRING CHEESE YOGURT GRAPE JUICE PEACH CUP | CEREAL BAGEL OATMEAL STRING CHEESE CHERRY STAR JUICE FRESH APPLE | CEREAL BLUREBERRY MUFFIN HOT GRITS YOGURT STRING CHEESE FRESH BANANA STRAWBERRY CUP | | | | | |
| 18 PANCAKES <u>W/ SYRUP</u> | 19 SCRAMBLED EGG W/ SAUSAGE & <u>CHEESE</u> | 20 Chicken-HAM CHEESE <u>FLATBREAD SDW.</u> | 21 WAFFLE <u>W/ SYRUP</u> | 22 SAUSAGE BREAKFAST PIZZA | | | | CEREAL APPLE CINNAMON MUFFIN OATMEAL STRING CHEESE ORANGE JUICE FRESH BANANA | |
| CEREAL CHOCOLATE MUFFIN STRING CHEESE YOGURT GRAPE JUICE FRESH BANANA | CEREAL BAGEL STRING CHEESE GRITS FRUIT JUICE FRESH BANANA | CEREAL BAGEL BANANA MUFFIN STRING CHEESE ORANGE JUICE | CEREAL OATMEAL BLUEBERRY MUFFIN STRING CHEESE MIX FRUIT JUICE FRESH APPLE | | | | | | |
| 25 HAPPY HOLIDAY  | 26 WINTER BREAK | 27 WINTER BREAK | 28 WINTER BREAK | 29 WINTER BREAK | | | | | |

DECEMBER 2017 ----- HAPPY HOLIDAY



ARAMARK IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact: Mr. Joe Brown at 708-202-3044 or brown-joseph4@aramark.com. And check us out at Instagram Aramark_Proviso209

Menus are subject to change without notice.

This institution is an equal opportunity provider.

