



JANUARY 2012

Proviso High Schools Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Choose a healthy meal by including a vegetable, fruit or juice and milk to make a well-rounded meal each and every day!		4 Italian Beef on bun Baked Fries Green Beans Fruit	5 Italian Dippers with Marinara Sauce Garden Salad Applesauce	6 Bacon Cheeseburger Deluxe lettuce Tomato Cheese Baked Beans Mandarin Oranges	More Info... <u>Lunch price</u> \$2.25 Reduced lunch \$.40 Milk Choice \$.40 <u>Lunch Meal:</u> Entrée Vegetable Fruit or Juice Bread Basket Milk Choice <u>The Deli:</u> Pick your Bread, your meat and cheese and your toppings <u>The Scoria:</u> Daily specials of Nachos & Tacos <u>Grab-N-Go</u> Pick up a quick sandwich or salad <u>The Grill</u> Freshly Grilled Burgers, Chicken Patties, Hot Dogs, BBQ Ribs and Buffalo Chicken Sandwiches
9 Mushroom Swiss Burger On Bun Tater Tots Carrots Fruit Cocktail	10 Chicken Fajitas w/ Soft Taco Shell Refried Beans Corn Applesauce	11 Sloppy Joe Sandwich Tater Tots Peas Fruit Cocktail	12 Chili Dog w/Cheese on Bun Baked Fries Green Beans Fruit Cocktail	13 Crispy Baked Chicken W Gravy Mashed Potatoes Golden Corn Mandarin Oranges	
16 MLK Jr. BIRTHDAY NO SCHOOL	17 Whole Grain Baked Chicken Nuggets W/ Bread Peas & Carrots Pears	18 Meatballs w/ Noodles Corn Garlic Bread Apples	19 Sweet & Sour Chicken over Rice Oriental Blend Vegetables Mandarin Oranges	20 Baked Mostaccioli W/ Bread Corn Applesauce	
23 Breaded Chicken Bacon Ranch Sandwich Peas Sliced Pears	24 Italian Beef on bun Baked Fries Green Beans Fruit	25 Spaghetti w/Meat Sauce Garlic Roll Corn Pears	26 Salisbury steak Rice W / Gravy Green Beans Green salad Fruit Cocktail	27 Turkey Hot Dog on Bun Baked Fries Fruit Cocktail Carrots	
30 Meatball Sub Topped w/ Mozzarella Glazed Carrots Mandarin Oranges	31 Crispy Baked Chicken W Gravy Mashed Potatoes Golden Corn Mandarin Oranges				

Township



Special News...

ARAMARK is proud to be the food service provider for the Proviso High School District. If you have any questions, please feel free to contact us at 708-202-3044
Robert Carter, Food Services Director

Menus are subject to change without notice.

