



**MARCH 2017**

**PROVISO EAST – PROVISO WEST- P.M.S.A  
STUDENT**

**Breakfast Menu**

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
				<b>01</b>	<b>MINI PANCAKES W/ SYRUP</b> CEREAL CINNAMON RAISIN BAGEL STRING CHEESE ORANGE JUICE FRESH BANANA	<b>02</b>	<b>EGG-CHEESE-SAUSAGE FRITTATA</b> CEREAL HASH BROWNS TOAST YOGURT APPLE JUICE FRESH ORANGE	<b>03</b>	<b>CORN DOG ON A STICK</b> CEREAL YOGURT GRITS BANANA MUFFIN GRAPE JUICE FRESH APPLE	<p><b>MORE INFO...</b></p> <p><b>BREAKFAST</b> SERVED DAILY 7:00 AM – 8:00AM</p> <p><b>BREAKFAST PRICE</b> 1<sup>ST</sup> – NO COST 2<sup>ND</sup> LUNCH \$2.46</p> <p><b>BREAKFAST INCLUDES</b> Choice of Fruit + 2 FULL servings of other components. We serve Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French Toast Sticks &amp; Waffles Dannon Yogurts, Otis Spunkmeyer, Reduced Fat &amp; Whole Grain Muffins. Reduced Sugar Cereals, only Whole Grain &amp; Enriched White Breads. Plus, Yogurt Parfait. Fresh Fruit or Canned Fruit which is packed in Juice or Water with no Sugar added. Prairie Farms Hormone Free Milk We only serve 1% white milk, skim milk or fat free chocolate milk.</p> <p><b>OR</b></p> <p><b>GRAB &amp; GO BREAKFAST &amp; ALA CART ITEMS</b> <b>SOLD AT COST</b></p>
<b>06</b>	<b>CASIMIR PULASKI DAY</b>  <b>NO SCHOOL</b>	<b>07</b>	<b>BUILDING INSTITUTE DAY</b>  <b>NO SCHOOL</b>	<b>08</b>	<b>MINI PANCAKES W/ SYRUP</b> CEREAL BLUEBERRY MUFFIN STRING CHEESE YOGURT ORANGE JUICE FRESH APPLE	<b>09</b>	<b>CHEESE &amp; SAUSAGE MUFFIN MELT</b> CEREAL TOAST HASH BROWNS STRING CHEESE GRAPE JUICE FRESH BANANA	<b>10</b>	<b>FRENCH TOAST STICKS W/ SYRUP</b> CEREAL CHOCOLATE MUFFIN YOGURT STRING CHEESE APPLE JUICE FRESH BANANA	
<b>13</b>	<b>TONY BREAKFAST SAUSAGE PIZZA</b> CEREAL STRING CHEESE YOGURT CINNAMON RASIN BAGEL GRAPE JUICE FRESH APPLE	<b>14</b>	<b>EGG-CHEESE &amp; HAM TACO</b> CEREAL CHOCOLATE MUFFIN STRING CHEESE FRUIT JUICE FRESH BANANA	<b>15</b>	<b>MINI PANCAKES W/ SYRUP</b> CEREAL ENGLISH MUFFIN STRING CHEESE YOGURT ORANGE JUICE FRESH BANANA	<b>16</b>	<b>SCRAMBLED EGGS W/ SAUSAGE</b> CEREAL HASH BROWN BANANA MUFFIN APPLE JUICE FRESH APPLE	<b>17</b>	<b>WAFFLE W/ SYRUP</b> CEREAL BLUEBERRY MUFFIN STRING CHEESE YOGURT FRESH ORANGE APPLE JUICE	
<b>20</b>	<b>EGG-CHEESE &amp; HAM TORT</b> CEREAL SUGAR DONUT GRITS YOGURT GRAPE JUICE FRESH BANANA	<b>21</b>	<b>CHEESE – SAUSAGE QUESADILLA</b> CEREAL BAGEL STRING CHEESE FRUIT JUICE FRESH APPLE	<b>22</b>	<b>MINI PANCAKES W/ SYRUP</b> CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE FRESH BANANA ORANGE JUICE	<b>23</b>	<b>EGG HUEVOS RANCHEROS</b> CEREAL BLUEBERRY MUFFIN GRITS YOGURT FRESH ORANGE APPLE JUICE	<b>24</b>	<b>FRENCH TOAST STICKS W/ SYRUP</b> CEREAL CINN ROUNDS YOGURT STRING CHEESE FRESH BANANA APPLE JUICE	
<b>27</b>	<b>SPRING BREAK</b>	<b>28</b>	<b>SPRING BREAK</b>	<b>29</b>	<b>SPRING BREAK</b>	<b>30</b>	<b>SPRING BREAK</b>	<b>31</b>	<b>SPRING BREAK</b>	

**ENJOY YOUR SPRING BREAK—STAY SAFE**



**ARAMARK** IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact: RHOAN RUDDOCK at 708-202-3044 or ruddock-rhoan@aramark.com. And check us out at Instagram Aramark\_Proviso209

Menus are subject to change without notice.

