



MARCH 2017

PROVISO EAST – PROVISO WEST – P.M.S.A.

STUDENT LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		01 BEAN QUESADILLA CHARRO BLACK BEANS SIDE SALAD FRESH BANANA GRAPE JUICE **HOT** DOG	02 PENNE W/TOMATO ALFREDO & CHICKEN CORN CELERY STICKS SIDE SALAD BREAD STICKS FRESH ORANGE APPLESAUCE **BACON** CHEESEBURGER	03 FISH STICKS TACO TATER TOTS BABY CARROTS SIDE SALAD FRESH APPLE FRUIT JUICE **CHICKEN-HAM** BABOOM	WEEKLY FEATURED ITEMS *FUEL* *03-06-2017* BEEF-CHEESE & TATER TOTS BURRITO *03-13-2017* SHAWARMA WRAP ENTRÉE COST 1 ST - No Cost 2 ND LUNCH- \$2.46 PASTA THURSDAY DAILY MEAL INCLUDES VEGETABLE – FRUIT – WHOLE WHEAT BREAD – CHOICE OF MILK BEVERAGE CHOICES 1% Milk, Skim White Milk and Fat Free Chocolate Prairie Farms Milk is Hormone Free Or 100% Fruit Juice – Fresh Fruit-Canned Fruit Daily Specials MTO=Made To Order Sandwiches Turkey – Ham – Tomato – Lettuce – Cheese – Olives - Jalapeno Peppers **SPECIAL SANDWICH** GRAB & GO SALAD A LA CARTE Baked Fries \$1.25 Ice Cream \$1.00 Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.00 Izzy Drinks \$1.25 Naked Juice \$2.00 Snapple \$1.25
06 CASIMIR PULASKI DAY NO SCHOOL	07 BUILDING INSTITUTE DAY NO SCHOOL	08 RO RO'S CHICKEN & WAFFLE & SYRUP SLICE CARROTS GARDEN SALAD GRAPE JUICE FRESH BANANA *BEEF-CHEESE & TATER TOT BURRITO	09 CHILI MAC BROCCOLI SIDE SALAD BREAD STICKS ORANGE JUICE APPLESAUCE *BEEF-CHEESE & TATER TOT BURRITO	10 BREADED CATFISH STRIPS FRENCH FRIES SIDE SALAD DINNER ROLL FRESH BANANA FRUIT JUICE *BEEF-CHEESE & TATER TOT BURRITO	
13 MEATLOAF W/ GRAVY CORN MASHED POTATOES SIDE GARDEN SALAD FRUIT JUICE FRESH APPLES *SHAWARMA WRAP*	14 GENERAL TSO'S CHICKEN & VEGGIES SLICED CUCUMBERS SWEET POTATOES FF FRESH ORANGE APPLE JUICE *SHAWARMA WRAP*	15 BEAN & CHEESE BURRITO SANTE Fe RICE GREEN PEAS FRESH BABY CARROTS GRAPE JUICE FRESH BANANA *SHAWARMA WRAP*	16 PENNE W/ TOMATO ALFREDO & CHICKEN BROCCOLI SIDE ROMAINE SALAD BREAD STICK ORANGE JUICE APPLESAUCE *SHAWARMA WRAP*	17 FISH STICKS TACO COLE SLAW FRENCH FRIES BROCCOLI FRUIT JUICE FRESH BANANA *SHAWARMA WRAP*	
20 PIZZA STICKS W/ MARINARA SAUCE CORN SIDE SALAD DINNER ROLL FRESH BANANA MIX FRUIT JUICE **SLOPPY** JOE	21 SALISBURY STEAK W/ GRAVY RICE GREEN BEANS DINNER ROLL GRAPE JUICE FRESH ORANGE **BBQ RIBLET** SANDWICH	22 RO RO'S CHICKEN & WAFFEL W/ SYRUP ROMAINE SIDE SALAD GREEN BEANS DINNER ROLL GRAPE JUICE FRESH BANANA **HOT** DOG	23 CHILI MAC MASHED POTATOES BROCCOLI DINNER ROLL ORANGE JUICE APPLESAUCE **BACON** CHEESEBURGER	24 BREADED CATFISH STRIPS FRENCH FRIES FRESH CARROTS DINNER ROLL FRESH BANANA FRUIT JUICE **TUNA SALAD** WRAP	
27 SPRING BREAK	28 SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	

ENJOY YOUR SPRING BREAK --- STAY SAFE



We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Rhoan Ruddock 708 202-3044 or e-mail him at ruddock-rhoan@aramark.com and follow us on INSTAGRAM: Aramark_Proviso209

Menus are subject to change without notice.

