

NOVEMBER 2016

**PROVISO EAST – PROVISO WEST- P.M.S.A
STUDENT**

Breakfast Menu



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
	<p>01 FRENCH TOAST STICKS</p> <p>CEREAL APPLE CINNAMON MUFFIN STRING CHEESE YOGURT ORANGE JUICE FRESH BANANA</p>	<p>02 MINI PANCAKES W/ SYRUP</p> <p>CEREAL BLUEBERRY MUFFIN STRING CHEESE ORANGE JUICE FRESH APPLE</p>	<p>03 EGG HUEVOS RANCHEROS</p> <p>CEREAL TOAST STRING CHEESE YOGURT APPLE JUICE FRESH BANANA</p>	<p>04 EGG-CHEESE MUFFIN MELT</p> <p>CEREAL OATMEAL W/ CINN. SUGAR CHERRY FRUDEL ORANGE JUICE FRESH BANANA</p>	<p>MORE INFO...</p> <p>BREAKFAST SERVED DAILY 7:00 AM – 8:00AM</p> <p>BREAKFAST PRICE 1ST – NO COST 2ND - \$1.25</p> <p>BREAKFAST INCLUDES Choice of Fruit + 2 FULL servings of other components. We serve Lender's Bagels, Aunt Jemima Whole Grain Pancakes, French toast Sticks & Waffles Dannon Yogurts, Otis Spunkmeyer, Reduced Fat & Whole Grain Muffins. Reduced Sugar Cereals, only Whole Grain & Enriched White Breads. Plus, Yogurt Parfait. Fresh Fruit or Canned Fruit which is packed in Juice or Water with no Sugar added. Prairie Farms Hormone Free Milk We only serve 1% white milk, skim milk or fat free chocolate milk.</p> <p>OR</p> <p>GRAB & GO BREAKFAST & ALA CART ITEMS</p>					
<p>07 FRENCH TOAST STICKS W/ SYRUP</p> <p>CEREAL CHOCOLATE MUFFIN STRING CHEESE YOGURT APPLE JUICE FRESH BANANA</p>	<p>08 EGG-CHEESE & HAM STRATA</p> <p>CEREAL ENGLISH MUFFIN YOGURT FRUIT JUICE FRESH APPLE</p>	<p>09 TONY'S BREAKFAST PIZZA</p> <p>CEREAL STICK KOLACHES STRING CHEESE YOGURT FRESH ORANGE APPLE JUICE</p>	<p>10 EGG & CHEESE OMELET</p> <p>CEREAL GRITS CINNAMON RAISIN BAGEL FRESH BANANA ORANGE JUICE</p>	<p>11 VETERAN'S DAY</p> <p>NO SCHOOL</p>						
<p>14 EGG-CHEESE & SAUSAGE BURRITO</p> <p>CEREAL CINN. ORANGE ROLL STRING CHEESE YOGURT FRESH ORANGE APPLE JUICE</p>	<p>15 EGG & CHEESE FRITTATA</p> <p>CEREAL ENGLISH MUFFIN YOGURT FRESH ORANGE APPLE JUICE</p>	<p>16 PANCAKE SAUSAGE WRAP</p> <p>CEREAL APPLE CINNAMON MUFFIN YOGURT FRESH BANANA ORANGE JUICE</p>	<p>17 FRENCH TOAST W/ SYRUP</p> <p>CEREAL CHERRY FRUDEL STRING CHEESE YOGURT FRESH BANANA APPLE JUICE</p>	<p>18 EGGS-CHEESE & BEAN ENCHILADA</p> <p>CEREAL OATMEAL W/ CINN. SUGAR BANANA MUFFIN YOGURT FRESH APPLE ORANGE JUICE</p>						
<p>21 APPLE BOSCO STICK</p> <p>CEREAL ENGLISH MUFFIN YOGURT STRING CHEESE FRESH BANANA GRAPE JUICE</p>	<p>22 EGG OMELET</p> <p>CEREAL CINNAMON RAISIN BAGEL HASH BROWNS CHEESE CHUNKS FRESH APPLE FRUIT JUICE</p>	<p>23 WAFFLE W/ SYRUP</p> <p>CEREAL BAGEL YOGURT STRING CHEESE FRESH CANTALOUPE ORANGE JUICE</p>	<p>24 HAPPY THANKSGIVING</p> 							
<p>28 SCRAMBLED EGG</p> <p>CEREAL HASH BROWNS TOAST STRING CHEESE FRESH ORANGE GRAPE JUICE</p>	<p>29 TONY BREAKFAST PIZZA</p> <p>CEREAL CHERRY FRUDEL YOGURT FRESH BANANA FRUIT JUICE</p>	<p>30 PANCAKES W/ SYRUP</p> <p>CEREAL ENGLISH MUFFIN CHEESE CHUNKS FRESH APPLE ORANGE JUICE</p>								

SOLD AT COST

NOVEMBER 24, 2016 HAPPY THANKSGIVING



ARAMARK IS your food service provider for the Proviso High School District. If you have any questions, please feel free to contact JAMIE SCHUMANN at 708-202-3044 or check us out at Instagram Aramark_Proviso209

Menus are subject to change without notice.

