



SEPTEMBER 2017

PROVISO EAST – PROVISO WEST – P.M.S.A. STUDENT LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
								01 FISH STICK TACO TATER TOTS FRESH CARROTS SALSA-SOUR CREAM FRESH BANANA FRUIT JUICE *CHICKEN* TENDERS W/ ROLL	ENTRÉE COST 1 ST - No Cost 2 ND LUNCH- \$2.40 DAILY MEAL INCLUDES VEGETABLE – FRUIT – WHOLE WHEAT BREAD – CHOICE OF MILK ADDITIONAL OPTIONS 2-3 DIFFERENT KINDS OF PIZZA CHEESE/HAMBURGERS CHICKEN SANDWICH BEVERAGE CHOICES 1% Milk, Skim White Milk and Fat Free Chocolate Prairie Farms Milk is Hormone Free Or 100% Fruit Juice – Fresh Fruit-Canned Fruit Daily Specials MTO-Made To Order Sandwiches Turkey – Ham – Tomato – Lettuce – Cheese – Olives - Jalapeno Peppers *SOMETHING* EXTRA GRAB & GO SALAD CHICKEN POP RANCH CHICKEN PATTY BUFFALO RANCH A LA CARTE Baked Fries \$1.25 Ice Cream (varies) Baked Chips \$1.00 Gummy Fruit \$.50 Gatorade \$1.25 Izzy Drinks \$1.50 Naked Juice \$2.25 Snapple \$1.25	
04 LABOR DAY HOLIDAY NO SCHOOL	05 CHICKEN-BEAN-CHEESE BURRITO SANTE FE RICE GREEN BEANS FRESH BANANA APPLE JUICE *TURKEY* WRAP	06 BROCCOLI & CHEESE STUFF BAKED POTATO SIDE SALAD DINNER ROLL GRAPE JUICE FRESH APPLE *CHICKEN* TENDERS	07 SAUSAGE RED BEANS CILANTRO RICE CELERY STICKS ORANGE JUICE FRESH BANANA *BBQ PORK* RIBLET SANDWICH	08 POTATO WEDGES CHICKEN NACHOS STEAMED SPINACH FRESH BABY CARROTS FRESH APPLE FRUIT JUICE *CHICKEN* CHEDDAR WRAP						
11 SPICY POPCORN CHICKEN FRENCH FRIES FRESH CARROTS ROLL FRESH BANANA MIX FRUIT JUICE *CHICKEN STRIP* WRAP	12 PENNE ROSA PASTA W/ CHICKEN SIDE SALAD GREEN BEANS BREADSTICK FRESH BANANA APPLE JUICE *BBQ PORK* RIBLET SANDWICH	13 CHEESE & BEAN QUESADILLA SPICED RICE SOFT PRETZEL FRESH SQUASH FRESH APPLE GRAPE JUICE *CHICKEN RANCH* PANINI	14 BEEF CHILI CHEESE NACHOS REFRIED BEANS CELERY STRICKS APPLESAUCE ORANGE JUICE *TURKEY* WRAP	15 FISH STICKS TACO TATER TOTS FRESH CARROTS SALSA-SOUR CREAM FRESH APPLE FRUIT JUICE *CHICKEN* TENDER W/ ROLL						
18 SPICY POPCORN CHICKEN MASHED POTATOES STEAMED BROCCOLI FRESH APPLE FRUIT JUICE *CHICKEN* TENDERS W/ ROLL	19 CHICKEN – BEAN-CHEESE BURRITO SANTE FE RICE RED PEPPER STRIPS FRSH BANANA APPLE JUICE *CHEESE CHIPOTLE* PANINI	20 BROCCOLI & CHEESE & STUFF BAKED POTATO ORANGE GLAZE CARROTS SIDE SALAD DINNER ROLL DICED PEARS GRAPE JUICE *BBQ BURGER* W/ CHEESE	21 TACO BEEF OR CHICKEN REFRIED BEANS CELERY STICKS TACO TOPPINGS FRESH APPLE ORANGE JUICE MEATBALL* SUB	22 POTATO WEDGES CHICKEN NACHOS FRENCH FRIES FRESH BABY CARROTS FRESH BANANA FRUIT JUICE *CHICKEN*						
25 CHICKEN FAJITA REFRIED BEANS FRESH BROCCOLI FRESH APPLE MIX FRUIT JUICE *CHICKEN* TENDERS W/ ROLL	26 PENNE ROSA PASTA W/ CHICKEN SIDE SALAD GREEN BEANS BREADSTICK FRESH BANANA APPLE JUICE *TURKEY* WRAP	27 CHEESE & BEAN QUESADILLA SPICED RICE SIDE SALAD SOFT PREZEL FRESH APPLE GRAPE JUICE *BBQ BURGER* W/ CHEESE	28 BEEF CHILI CHEESE NACHOS BAKED BEANS CELERY STICKS FRESH BANANA ORANGE JUICE *TURKEY* WRAP	29 FISH STICKS TACO TATER TOTS SIDE SALAD SALSA-SOUR CREAM FRESH APPLE FRUIT JUICE *CHICKEN* TENDERS W/ ROLL						

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We would like to hear from you as a Parent regarding the lunch program provided by Aramark for Proviso SD #209. Please call Mr. Joe Brown 708 202-3044 or e-mail him at brown-joseph4@aramark.com. Or visit us on INSTAGRAM: Aramark_Proviso209

FRESH BAKED COOKIES DAILY

Menus are subject to change without notice.



This institution is an equal opportunity provider.