

# Welcome from ARAMARK Education K-12

heck out the exciting news about recent changes in your high school dining experience. ARAMARK Education is proud to partner with Proviso Township High School District #209 in providing a place where you can come as you are and lets you know that in this environment, all we ask is that U.B.U. Here you'll find your favorite foods & variety as you refuel both physically and emotionally to meet the challenges of the day.

## What's the UBU Concept?

The UBU Concept is all about sophistication and trying new flavor combinations. You can express yourself and find time to just hang out with your friends while eating healthy and flavorful foods that meet your individual personality. ARAMARK and the UBU Food Concepts are all about being revelant, available, tasty and a great deal for you and your friends.



#### What's to Eat?

We offer a great value for both breakfast and lunch with numerous choices including healthy grab & go and made-to order specialties. You'll enjoy new menu items featuring creative twists on all of your favorites while keeping healthier initiatives in mind. Our lunches are designed to give you and your friends the food choices you want, yet still meet or exceed the USDA dietary guidelines to help nourish healthy bodies and minds. Nutritious choices give you all the advantages of better performance, test scores, attitudes, social skills and better attention spans.

### How about the Extras?

A variety of ala carte items are available for you to purchase. These items meet all nutritonal regulations and are approved through our featured Snack Factor program.

#### Talk to me!

Want to know what's going on? Look for our menus and featured articles on the district website, posters and your student newspaper.

We personaly invite you to visit the **your cafeteria** to see first hand the exciting changes that have been implemented for you. If you should have any questions or need additional information, please contact any member of your ARAMARK team.

Thank you,

Robert Carter, Food Service Direct or and Your ARAMARK food service team

